



Recommended Courses for Freshmen

CSUN is a great place for students to begin their university studies! As a large, comprehensive university, CSUN has more than 100 degree and credential programs and offers approximately 9,000 classes each semester. There are many introductory-level courses that are open to Semester at CSUN (SAC) students with limited or no prior university experience (Freshman level)—no course prerequisites required.

Here are the most popular courses for SAC students entering CSUN at the Freshman level. These are courses that we recommend for Freshmen and gap year students.

Top CSUN Courses for Freshmen

Catalog Number	Course Title (Units)
ACCT 220	Introduction to Financial Accounting (3)
ANTH 150	The Human Adventure: Introduction to Anthropology (3)
ANTH 152	Introduction to Cultural Anthropology (3)
ART 124A	Drawing I (3)
ART 140	Beginning Two-Dimensional Design (3)
ART 151	Photography as Art (3)
BUS 104	Introduction to Business (3)
CIT 160/L	Internet Technologies / Lab (3)
COMS 151/L	Fundamentals of Public Speaking / Lab (3)
CTVA 100	Introduction to Mass Communication Arts (3)
ECON 101	Economics for Everyday Life (3)
ENGL 205	Business Communication (3)
EOH 101	Introduction to Environmental and Occupational Health (3)
GEOG 107	Introduction to Human Geography (3)
HSCI 131	Health and Society (3)
HUM 101	Forms and Ideas in Humanities (3)
JOUR 100	Mass Communication (3)
LING 200	How Language Matters: Introduction to Linguistics (3)
PHIL 165	Today's Moral Issues (3)
PHIL 170	Philosophy and Popular Culture (3)
PHIL 200	Critical Reasoning (3)
POLS 155	American Political Institutions (3)
PSY 150	Introduction to Psychology (3)
RS 150	World Religions (3)
RS 204	Religion, Logic and the Media (3)
SOC 150	Introductory Sociology (3)
URBS 150	The Urban Scene (3)

For more information, CSUN's schedule of classes for each semester is accessible online:

<http://www.csun.edu/class-search>





All of the courses listed here are open to SAC students entering CSUN at the Freshman level, pending availability. This is not a complete list—there may be more! The SAC academic advisors will help students select the classes that are the best fit.

Catalog Number	Course Title (Units)
Humanities, Social Sciences, Behavioral Sciences	
ANTH 150	The Human Adventure: Intro to Anthropology (3)
ANTH 152	Culture and Human Behavior (3)
ANTH 232	Expressive Culture (3)
CLAS 315	Greek and Roman Mythology (3)
ENGL 208	Creative Writing (3)
ENGL 255	Introduction to Literature (3)
GWS 100	Introduction to Gender and Women's Studies (3)
GEOG 107	Introduction to Human Geography (3)
GEOG 108	Earth From Above (3)
GEOG 150	World Geography (3)
HIST 150	Western Civilization I (3)
HIST 151	Western Civilization II (3)
HIST 270	The United States to 1865 (3)
HIST 271	The United States Since 1865 (3)
HUM 101	Forms and Ideas in Humanities (3)
LING 200	How Language Matters: Intro to Linguistics (3)
LING 250	Languages in California (3)
PHIL 100	General Logic (4)
PHIL 165	Today's Moral Issues (3)
PHIL 170	Philosophy and Popular Culture (3)
PHIL 180	Human Nature and the Meaning of Life (3)
PHIL 200	Critical Reasoning (3)
PHIL 201	Ancient Philosophy (3)
PHIL 202	Modern Philosophy (3)
POLS 155	American Political Institutions (3)
POLS 197	Racial and Ethnic Politics (3)
POLS 350	Great Questions in Politics (3)
PSY 150	Introduction to Psychology (3)
RS 100	Introduction to Religious Studies (3)
RS 150	World Religions (3)
RS 204	Religion, Logic and the Media (3)
RS 255	American Political Institutions and Religion (3)
SOC 150	Introductory Sociology (3)
SOC 250	Introduction to Crime and Criminal Justice (3)
SUST 300	Interdisciplinary Perspectives on Sustainability (3)
URBS 150	The Urban Scene (3)
URBS 250	Planning the Multiethnic City (3)
Business	
ACCT 220	Introduction to Financial Accounting (3)
BLAW 280	Business Law I (3)
BUS 104	Introduction to Business (3)
ECON 101	Economics for Everyday Life (3)
ECON 156	Introduction to Economic Analysis and Policy (3)
ECON 160	Principles of Microeconomics (3)
ECON 175	Introduction to U.S. Economic History
ENGL 205	Business Communication (3)
ENGL 306	Report Writing (3)
FIN 102	Financial Literacy (3)
FIN 302	Personal Finance (3)
MATH 103	Mathematical Methods for Business (3)
PHIL 305	Business Ethics and Public Policy (3)
SOM 120	Basic Business Statistics (3)

Catalog Number	Course Title (Units)
Math, Science, Computer Science, Engineering	
ASTR 152	Elementary Astronomy (3)
BIOL 100	Introductory Biology (3) <i>Note: A 1-unit lab course, BIOL 100L, is also available.</i>
BIOL 327	Ecology and People (3)
CHEM 100	Principles of Chemistry (3) <i>Note: A 1-unit lab course, CHEM 100L, is also available.</i>
CIT 101/L	Computer Information Technology Fundamentals (3)
CIT 160/L	Internet Technologies / Lab (3)
COMP 100	Computers: Their Impact and Use (3)
COMP 110/L	Introduction to Algorithms and Programming/Lab (4)
EOH 101	Intro to Environmental & Occupational Health (3)
EOH 353	Global Perspective of Environmental Health (3)
ENGL 306	Report Writing (3)
GEOG 101	The Physical Environment (3)
GEOG 103	Weather (3)
GEOL 101	Geology of Planet Earth (3)
GEOL 104	Living with Earthquakes in California (3)
GEOL 110	Earth and Life through Time (3) <i>Note: A 1-unit lab course, GEOL 112, is also available.</i>
GEOL 300	Environmental Geology (3) <i>Note: A 1-unit lab course, GEOL 301, is also available.</i>
MATH 103	Mathematical Methods for Business (3)
MATH 140	Introductory Statistics (4)
ME 186/L	Computer-Aided Design / Lab (2)
PHIL 210	Reasoning in the Sciences (3)
PHYS 100A	General Physics I (3) <i>Note: A 1-unit lab course, PHYS 100AL, is also available.</i>
SCI 100	Science for Life (3)
SUST 300	Interdisciplinary Perspectives on Sustainability (3)
Education, Health, Human Services, Sports Science	
CADV 150	Foundations of Child & Adolescent Development (3)
ELPS 203	Urban Education in American Society (3)
FCS 207	Nutrition for Life (3)
HSCI 131	Health and Society (3)
HSCI 231	Women and Health (3)
KIN 385	Women in Sport (3)
RTM 204	Introduction to Recreation Therapy (3)
RTM 251	Recreation and the Natural Environment (3)
RTM 278	Recreation and Leisure in Contemporary Society (3)
RTM 302	Leadership in Recreation & Human Services (3)



Catalog Number	Course Title (Units)
Art, Media, Communication	
ART 100/L	Introduction to Art Processes / Lab (3)
ART 110	World Arts: The Western Tradition (3)
ART 124A	Drawing I (3)
ART 140	Beginning Two-Dimensional Design (3)
ART 141	Beginning Three-Dimensional Design (3)
ART 201	Introduction to Web Art (3)
ART 151	Photography as Art (3)
COMS 150	Introduction to Communication Studies (3)
COMS151/L	Fundamentals of Public Speaking / Lab (3)
COMS 251	Introduction to Interpersonal Communication (3)
CTVA 100	Introduction to Mass Communication Arts (3)
CTVA 210	Television-Film Aesthetics (3)
ENGL 205	Business Communication (3)
ENGL 208	Creative Writing (3)
JOUR 100	Mass Communication (3)
JOUR 250	Visual Communication (3)
MUS 105	Understanding Music (3)
MUS106HH	Hip Hop Music (3)
MUS 107	Music Today (3)
MUS 108	Music in Film (3)
TH 110	Intro to Theatre: Text/Drama/Performance (3)
TH 111	Actors and Acting (3)
Cultural Studies, Foreign Languages	
AAS 100	Introduction to Asian American Studies (3)
AAS 210	History of Asians in America (3)
AAS 230	Asian Americans and the Media (3)
AFRS 100	Introduction to Black Studies and Culture (3)
AFRS 245	African-American Literature Since 1930 (3)
AFRS 252	Popular Culture and the Black World (3)
AFRS 272	African-American History Since 1865 (3)
AIS 101	Introduction to American Indian Studies (3)
ANTH 152	Introduction to Cultural Anthropology (3)
ANTH 212	Anthropology of Sex (3)
ANTH 232	Expressive Culture (3)
ARAB 101	Elementary Arabic I (4)
ARMN 101	Elementary Armenian I (3)
CAS 100	Introduction to Central American Studies (3)
CAS 102	The Salvadoran Experience (3)
CAS 201	Survey of Central American Literature (3)
CHIN 101	Elementary Mandarin Chinese I (4)
CHS 100	Chicana/o Culture (3)
CHS 111	The Chicana/o and the Arts (3)
CHS 201	Survey of Mexican Literature in Translation (3)
CHS 202	Race, Racism and Critical Thinking (3)
CHS 306	The Chicana/o in Films (3)
CLAS 101L	Elementary Latin I (3)
DEAF 160	American Sign Language I (4)
FREN 101	Elementary French I (4)
HEBR 101	Elementary Hebrew I (4)
HIST 161	Survey of the History of Latin America (3)
HIST 210	A History of the Jewish People (3)
ITAL 101	Elementary Italian I (4)
JAPN 101	Elementary Japanese I (4)
JS 200	Introduction to Judaism (3)
KOR 101	Elementary Korean I (4)
PERS 101	Elementary Persian I (4)
RUSS 101	Elementary Russian I (4)
SPAN 101	Elementary Spanish I (4)

Catalog Number	Course Title (Units)
Sports and Activity Classes	
KIN 123A	Archery (1)
KIN 124A	Basketball I (1)
KIN 125A	Fitness for Life (1)
KIN 126A	Strength Training (1)
KIN 128	Fitness Walking (1)
KIN 129A	Running Conditioning I (1)
KIN 130A	Karate I (1)
KIN 131A	Taekwondo (1)
KIN 132A	Aikido (1)
KIN 133A	Tai Chi Ch'uan (1)
KIN 134	Shaolin Kung Fu (1)
KIN 135A	Aerobic Dance I (1)
KIN 137A	Ballroom Dance I (1)
KIN 139A	Ballet I (1)
KIN 139B	Ballet II (1)
KIN 141A	Jazz Dance I (1)
KIN 141B	Jazz Dance II (1)
KIN 142A	Latin American Dance I (1)
KIN 142B	Latin American Dance II (1)
KIN 143	Urban Street Dance (1)
KIN 143B	Urban Street Dance II (1)
KIN 144	Modern Dance I (1)
KIN 147	Pilates (1)
KIN 148	Dance Conditioning (1)
KIN 149	Yoga (1)
KIN 151	Personal Defense (1)
KIN 152A	Soccer I (1)
KIN 172	Ultimate Frisbee (1)
KIN 177A	Swimming for Non-swimmers (1)
KIN 178A	Swimming I (1)
KIN 179A	Swimming Conditioning (1)
KIN 185A	Tennis I (1)
KIN 195A	Volleyball I (1)
KIN 123A	Archery (1)
KIN 124A	Basketball I (1)
KIN 125A	Fitness for Life (1)
KIN 126A	Strength Training (1)
KIN 128	Fitness Walking (1)
KIN 129A	Running Conditioning I (1)
KIN 130A	Karate I (1)
RTM 151A	Backpacking (2)
RTM 151B	Rock Climbing and Mountaineering (2)
RTM 151D	Flat-Water Boating (2)
RTM 151H	Caving (2)
RTM 267/L	Sailing (2)